

Wartburg Trumpet

Wartburg College Waverly, Iowa 50677 USPS 666-740

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WORLD



▼ JUDGE ORDERS CLINTON TO TESTIFY— A federal judge in Arkansas has ordered President Bill Clinton to testify in the trial of his former Whitewater partners, James and Susan McDougal. They face charges of soliciting illegal loans in the failed Arkansas land deal. McDougal said that then-Gov. Clinton pressured him to make the loans. Clinton denied the charge.

▼ MCDONALD'S GETS RID OF MCLEAN, SALADS— McLean Deluxe burgers and salads will not be served at McDonald's any more. The McLean burger was introduced five years ago, but customers are complaining the burger is too dry. Chef and side salads will also be dropped from the menu.

—compiled from U.S.A. News

CAMPUS



▼ HAVE SOME FUN— Invite your brother/sister/friend this weekend for fun at Wartburg. Reanae McNeal, storyteller, will perform at 7:30 p.m. on Friday, Feb. 9 in Buhr Lounge. Other activities include Casino Night at 8:30 p.m. on Friday, Feb. 9 in Legends, bowling at 7 p.m. on Saturday, Feb. 10 at the Waverly BowlIn, and Late Night in the Lair at 10 p.m. on Saturday, Feb. 10.

▼ TRUMPET GOES SEMI-WEEKLY— The Trumpet editorial staff will publish twice a week through next week. The Feb. 19 issue will return to the regular eight-page, weekly format.

Student conduct board operates in secret

"J" Board does not draw a lot of attention, yet it plays a major role at Wartburg.

by Gage Butterbrodt, News Editor, and Eric George, Staff Writer

It has been around since Wartburg was established, but not many know about it.

The Judicial Board, also called the Student Conduct Board, started in 1935 when Wartburg settled in Waverly.

Recent decisions by J-Board have been questioned regarding suspension over marijuana use.

The overall objective of the board, according to the Wartburg Student Handbook, is "to consider any disciplinary matters involving the student as a citizen on campus and in the Waverly community."

The board has been very secretive during its existence.

"We generally won't make persons' names public," said Greg Allen, J-Board adviser. "We emphasize confidentiality."

"Confidentiality is very strong. When a case is handled we cannot give out any information other than that the respective parties involved were confronted," said Pete Armstrong, director of Residential Life. The secrecy extends to the board's members as well.

Some board members refused to speak to the Trumpet because of confidentiality rules and others would only talk when promised anonymity.

The college also protects board members' identities to prevent harassment.

According to Armstrong, when a student is charged with a violation of school policy, a letter is sent to the student to tell him or her what charges are being filed against the student. The letter also states that he or she has the choice to go before



J-Board or an administrator.

"If a person is found responsible, the board asks questions of the person to get his or her personal input to determine the most successful types of sanctions," said Allen. "They are saying 'What's going to be the best discipline for this person?' or 'What will help this person understand what is acceptable behavior and what is not?'"

The board has not changed in Armstrong's five years at Wartburg.

"We do not change policy during the year, unless under some extreme circumstances. If there are any changes at all, we discuss them at the beginning of the school year with the board members," Armstrong said.

He said cases are handled differently because of the attitudes of those involved.

"For each case, there's an exact manner in which we take action," said one board member. "Consistency throughout this year has been extraordinary."

The board is not intended to act as a court system, according to Armstrong. The board cannot sentence people to jail terms, but it can try to correct improper behavior through disciplinary actions.

"We do not try to be like, or interfere with the Bremer County Courthouse. We deal only with the conduct of the students," Armstrong said.

There are currently seven members on the board, including one adviser. They do not meet on a regular basis, but only when a case is brought in front of the board.

After each case has been heard and dealt with, the case is then brought to either Armstrong or Lex Smith, dean of students.

"We do not overrule the decisions of the board, even if we feel differently about the decision," Armstrong said.

"There are times I like it, and there are other times I don't," said a current board member who asked not to be named.

Students who are interested in applying for a position on the Student Conduct Board may do so in the spring through Residential Life.

"I got involved because the board was requesting students to join," said a sophomore who joined the board this year. "I thought it looked interesting, and it had received a lot of attention the previous year."

Armstrong said the board accepts only the most qualified persons.

Some students have recently said they think board members are irresponsible.

Junior Lee Gilmore charges in a letter to the editor in this issue that the members of the Student Conduct Board were not disciplined enough to show for a hearing scheduled a month in advance.

Allen said he had discussed meeting times with the board members before Christmas Break. By the time the members saw the scheduled time of the hearing in the Page after they had returned, many already had scheduling conflicts.

"We have a very responsible board," said Allen.

Possible changes hit administration

Bob Nielson ends long Wartburg career as Dean James Pence considers St. Olaf College position.

by Eric Allen
Assignment Editor

Recently, several Wartburg administrators have been eyeing the classified sections.

Today is Bob Nielson's final day as Wartburg College's football coach and athletics director.

Dr. James Pence, dean of faculty, said he is one of three finalists for the dean and vice president of academic affairs at St. Olaf College in Northfield, Minn.

STAFF CHANGES

continued on page two

Students learn about state legislature

Social work students rode trip to Des Moines and learn how to lobby their legislators.

by Sarah Albertson
Staff Writer

A cold, two-hour bus ride took 40 Wartburg social work majors to Des Moines on Jan. 31 to join about 150 other college students in learning about Iowa's legislature.

The trip's purpose was to teach social work majors how to become involved in the political process.

"Social workers need to advocate for their client," said Susan Vallem, assistant professor of social work and chair of the social work department.

She said that budget cuts on both federal and state levels make life more difficult for

children, families and college students.

Students were required to write a letter to Iowa senators and representatives and set up appointments to meet with them. Students also had to learn how to call the representatives out of legislative sessions to talk with them.

Dr. Joseph Ganesin, assistant professor of social work, was a keynote speaker at the Iowa chapter conference, which was sponsored by the National Association of Social Workers (NASW).

"The day was beneficial for the social work students as well as for the legislators," Ganesin said.

According to Ganesin, it is an experience where both parties learn from each other throughout the day.

Junior Heather Johnson

said the most beneficial things she learned were about the legislative process and the lobbying efforts of the NASW.

Johnson said she was surprised at how wrong some of her assumptions about politics were.

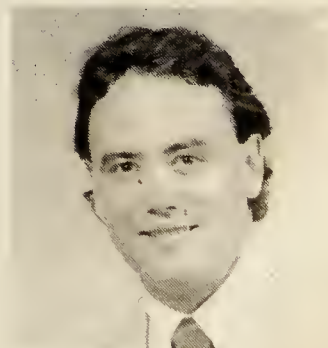
"Politicians are human. You can talk to them," said Johnson.

She said the more she learned about politics, the more interested she became.

"It made me think about government in a different manner," Johnson said.

Johnson also said the day emphasized the importance of voting.

Ganesin and Vallem supervised the trip, which was open to all social work majors. Previously, the legislative daytrip was made by only one class, but was expanded to



Dr. Joseph Ganesin
Keynote speaker

include more undergraduate students.

Students spent the morning training for the afternoon session at the state capitol to learn how to lobby legislature.

Luther College, Mount Mercy College, Iowa State University and the University of Iowa also participated.

Editorial

Campus scenery keeps changing

The South Campus Project is finished. Poor frozen St. Francis, the sunshine sidewalk and the Communication Technology Center are up and running.

You'd think that would be enough for a while, but now the employees are changing quicker than Wartburg can figure out what to do with old Grossmann Hall. A lot quicker.

With Bob Nielson leaving and rumors of other faculty/staff leaving, keep in mind that time changes things and most often for the

better.

Take the increase in temperatures. A week ago, everyone wondered whether God was replicating Laura Ingalls Wilder's "The Long Winter." Now, tropical conditions leave the mercury above zero.

Sometimes it's good to shake things up a bit. While we all miss things the way they were, isn't it better to keep looking ahead?

With the exception of Finals Week, the future can always be brighter. Just a little thought to keep in mind.

Letter

Due process is due

I have been recently "referred into the Student Conduct Process" by a letter I received before Christmas Break because of an incident I was involved in on Dec. 5, 1995. Consequently, a hearing was scheduled to be held on Jan. 4, 1996.

"Your attendance at the hearing is important. If you choose neither to appear at your hearing...a hearing will be held without you, and a decision in this matter will be based on the information available at that time."

Having known about the hearing for about a month, all of the people involved in the incident that weren't otherwise excused were present for the hearing.

These same guidelines, however, did not seem to hold for the

members of the board.

Fifteen minutes after the scheduled time of the hearing, Greg Allen, Student Conduct Board adviser, informed us that only three of the 10 members of the board had managed to show up. This number did not meet the quorum of five needed to hold a hearing. Now another week was added to the month I had already waited.

This is not due process. Had this been an actual court case and the judge or prosecuting attorney(s) had not shown up, the case would have to be thrown out and dropped.

At the rescheduled hearing on Jan. 11, 1996, still only seven of the 10 members had been able to make time for the hearing.

People are on the Student Conduct Board for a reason.

They are assembled "to adopt the educational purpose of this college," or resolve broken rules through discussion and "sanctioning."

Seventy percent of the Student Conduct Board judged me and the others involved. The decision may have been different had all 10 members been present at my hearing.

I feel that if the board has this amount of authority over students, its members should make it a priority to be present at a hearing.

Isn't it ironic the disciplinary board does not have enough discipline itself to get all of its members together for an important hearing at which a student's academic career is on the line?

Lee Gilmore, Junior

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ABOUT FACE



"I think we're old enough. We don't need mothers anymore!"

—Angie Six
senior



"I have no clue what it is, but then again I live in a little world of my own."

—Kim Schreiber
sophomore

What do you think of Student Conduct Board?



"If it's going to help promote good conduct towards one another, it's good."

—Cedric Cobin
freshman



"I think it gives students a fair opportunity. Both students and faculty are on it."

—Eric Foote
senior

STAFF CHANGES

continued from page one

He said he will be interviewed later this month, and will know about the position by mid-March.

Nielson said he is at a point and time in his life that he needed a different challenge. The University of Wisconsin-Eau Claire offered a "window of opportunity" Nielson didn't want to let close.

Nielson explained that the Eau Claire football program has been down (1-9 last season), and is in a highly competitive league.

"This job will certainly be a great challenge," Nielson said.

UW-Eau Claire is a Division III school with approximately 11,000 students. Nielson said he looks forward to the challenges of being part of a larger program.

"It was an extremely hard decision," said Nielson. "The elements of my decision were very much professional and very much personal."

Nielson said his family has loved Waverly, but Eau Claire offers many "unique opportunities."

Whether those opportunities

are enough to pull any of Nielson's assistant coaches with him remains to be seen.

Nielson said he talked to a couple of them, and he would have a few things to work out at the university, but the ultimate decision would lie with the individual coaches.

Not only will the assistants face a new head coach, a different person will assume the athletics director job, said Nielson, as the positions have been split.

"The first thing I check every Sunday morning will be the Wartburg score."

—Bob Nielson

"I think it's a good idea," Nielson said, explaining that the 17-sport program has developed to a point where it needs the attention of one person.

"It became tougher to keep a balance while I was here. There were times I felt like I short-changed both parts (coach and a.d.)," Nielson said.

He said professionally, the most important thing for him right now is coaching football.

This job will allow him to focus on that, and spend time with his young family.

The position at Eau Claire may help Nielson achieve another opportunity — coaching Division I football. Eau Claire is a state-run school, like most Division I schools.

"I have thought I would like to try my hand down the line at the Division I level," said Nielson. "Whether this move helps me get there, I have no idea. I'm not sure anyone can predict the future."

Nielson said he wanted to leave his coaching position when it would be "easy for someone else to take over the reins and not miss a beat."

Nielson is sure he will always feel a part of Wartburg and maintain many close ties.

"The first score I check every Sunday morning will be the Wartburg score," he said.



Bob Nielson

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Changing Spotlights

KWWL's Liz Mathis leaves the world of TV news to enter the world of Wartburg.

By Laurel Smeins
Entertainment Editor

Used to tuning in to watch the KWWL evening news with Liz Mathis? Well, after this fall there will be no need to flip on the television to see her smiling face.

In August, Mathis steps off the set and onto the Wartburg campus, taking on a full-time position in the communication arts department as an executive-in-residence.

Mathis will fill Grant Price's position as McElroy Chair in Communication Arts. Price will teach on a part-time basis next year.

As soon as Mathis became aware of the opening, there was no real doubt that she would accept the offer.

"Things like that don't come along very often," she said. "I couldn't pass it up."

With 16 years at KWWL under her belt, Mathis said she is ready for a career change without having to completely withdraw from the things she truly loves. She said she is excited to have the opportunity to maintain her interest in the media while trying something new.

"I get to have my cake and eat it too," she said.

Mathis's lack of classroom teaching experience has raised some doubt, but Mathis is not worrying. She is anxious to bring her communication and teaching skills used on t.v. and in public appearances to the classroom.

"I teach every day," she said.

She said there are many sides to her job at KWWL that aren't seen on screen.

"The people that have doubts only see me on the air. They don't know all that I've done," Mathis said.

Junior Shena Blomgren is confident with Mathis's new position.

"Mathis is a wonderful person who will be an inspiration to many students," Blomgren said. "She will be able to enrich us with her 'been there, done that' point of view."

Mathis was keeping her career in mind, but family was another consideration. Mathis already has a 10-year-old son at home and has another child on the way. Although the Wartburg position will be full time, she knows it will provide a flexibility the high-paced station job does not permit.

Mathis's position will require teaching two to three



On camera—Future Wartburg professor Liz Mathis, left, joined KCRG's Amy Johnson in the Ch. 13 studios this fall for a discussion about women's role in the media.

classes Fall Term, including electronic newsgathering and media, business and civic speech.

According to Price, he and Mathis created the speech course, which will deal with conventional podium speech as well as newsconferencing and on-camera interviews.

Along with teaching classes, Mathis will take over advising radio and television production students.

Considering he first hired her at KWWL, Price said seeing Mathis come to Wartburg was "a great point of pride."

"She is bringing 'real world,' practical experience, and a dedication to sharing that with students [to campus]," Price said.

In addition to her time on the air, Mathis spends a great deal of time with the public through appearances at schools, churches and other community groups. Mathis even made appearances on the Wartburg campus, including Outfly 1994.

Mathis is working toward her master's degree from the University of Northern Iowa.

Mathis originally graduated from the University of Iowa where she majored in communication theory with an emphasis on broadcast and film and a minor in political science.

Upon graduation, Mathis began working at KWWL as a bureau reporter in Cedar Rapids. Two years later, she moved onto anchoring and reporting.

Currently, Mathis co-anchors the 5 and 6 p.m. newscasts, as well as holding duties as an executive producer for KWWL.

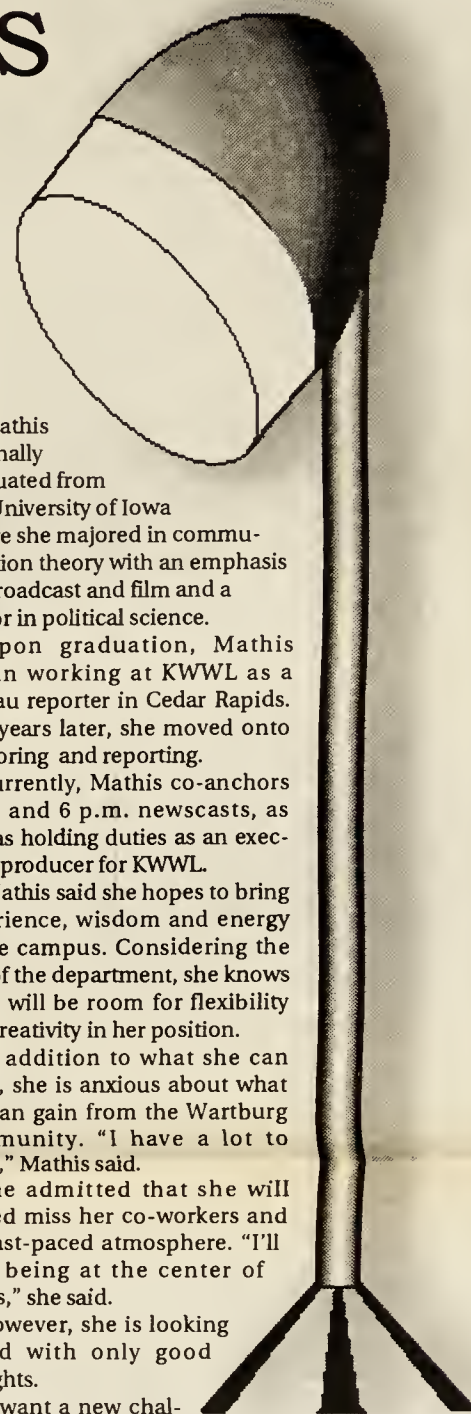
Mathis said she hopes to bring experience, wisdom and energy to the campus. Considering the size of the department, she knows there will be room for flexibility and creativity in her position.

In addition to what she can bring, she is anxious about what she can gain from the Wartburg community. "I have a lot to learn," Mathis said.

She admitted that she will indeed miss her co-workers and the fast-paced atmosphere. "I'll miss being at the center of things," she said.

However, she is looking ahead with only good thoughts.

"I want a new challenge," Mathis said.



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RICE is right for injuries

by Michelle Van Dorn
Staff Writer

Only two weeks of track practice passed before a deep quadricep strain pulled sophomore Michelle Jahn out.

Paul Bruning, athletic trainer-in-residence, said athletes mostly suffer from overused muscles — like calves, quadriceps and hamstrings — when their regular seasons begin.

"They try to do too much too quickly," Bruning said. Easing into intense training will prevent strains and overused muscles, he said.

Many strains or pulled muscles occur because people don't take precautionary steps before they workout.

A proper warm-up and cool-down, including a long stretch, is necessary to prepare the muscles for work, according to Bruning.

But preventative measures don't always work. Jahn said she stretched a lot, but her muscles cinched.

Forceful movements without proper preparation might have caused her injury, but Jahn said a medical condition may have played a strong role.

Jahn follows a remedy Bruning calls RICE, which stands for rest, ice, compression and elevation.

"Don't keep it (intense work-outs) up or progress; decrease the intensity," Bruning said.

Then, apply bags of ice or frozen vegetables for 25-30 minutes to sore areas.

Bruning suggests treating injuries with ice about three times a day while the pain is still evident. After the pain has decreased, icing is recommended for at least two or three more days, Bruning said.

Be sure to shower before icing. Showering after icing will only heat the injury, causing the swelling to return.

Soaking injuries in cold water and then warm water will help increase and then decrease circulation, which works best for chronic injuries, Bruning said.

Applying elastic bandages may decrease swelling faster. But, be sure the bandage doesn't cut off circulation, Bruning said.

If circulation is cut off, blood will pool in that area, causing more swelling and

pressure.

Athletes and those inventing new workouts usually begin their routines with a new pair of shoes. New shoes can cause blisters or soreness from the new foot positioning.

Although some injuries can be related to lack of strength around the injured muscle, Bruning attributed more problems to the feet. People tend to buy the wrong shoes, aggravating the problems.

Salespeople at Athlete's Foot are trained by the store to understand and recognize problems, shoe materials and shoe styles. It is also important to break in new shoes, said Wolfe.

Bill Wolfe, a salesman at Athlete's Foot in Cedar Falls, has seen these problems in the 14 years he has worked with shoes.

Looking for potential foot problems is crucial for reducing injuries, Wolfe said. He said he tries to determine the right shoe for each customer.

"When people come in with problems, we help," Wolfe said.

Tracksters face Luther

by Heather Fink
Staff Writer

"Cautiously optimistic" is how Head Coach Steve Johnson said he looks at the 1996 track and field season.

"We are going to have events with some holes in them, and that's going to be a challenge," Johnson said.

The Wartburg women's and men's track teams traveled to Luther last Saturday, competing in an impromptu dual.

Both the men and women had a rough day, as the women lost, 78-45, and the men lost, 82-44.

Wartburg scheduled the meet to make up for the Hilltop Open, which was cancelled the previous weekend because of weather.

Johnson said Saturday was "a good start — a fun start. There was lots of good competition."

Some of the high performances on the women's side included Esther Dubec's 3,000-meter run, Dawn Digmann's shot putting and the 800-meter relay.

Dubec recorded her personal best and a school record in the 3,000, with a time of 10 minutes and 20.5 seconds.

Digmann provisionally qualified for nationals with her throw of 12.63

meters.

Wartburg's entry in the 800-meter relay broke the school record with a time of 1:19.4. Members of the team were Barb White, Leah Lenhart, Sara Haberman, and Nikki Kimball.

Dubec said she hopes to be an All-American again this year in both indoor and outdoor track.

On the men's side, no records were broken, but some outstanding finishes were recorded.

Last year's conference Most Valuable Performer Chris Shannon took home firsts in the hurdles, 200-meter dash, and the triple jump.

Steve Taylor had his personal bests in both the 3,000-meter run and the 1,500-meter run.

Freshman Tim Lambertson won the 55-meter dash in a time of 6.5 seconds. Johnson said he was not surprised by Lambertson's or any of the other runners' performances.

"We should be better this year than last," Johnson said. "I think we have more strength in things like sprints."

Although both teams lost to Luther, Johnson was not concerned. According to Johnson, the meet was optional for Wartburg tracksters on Saturday because some had prior commitments.

"I think we have more strength in things like sprints."

—Coach Steve Johnson

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